



Vegan and Vegetarian Options

2019

Vegetarian Mains

Stuffed Peppers G D

Bell peppers stuffed with quinoa and chickpea pilaf, roasted and topped with marinara sauce

Grilled Vegetable Skewers G D V

Zucchini, bell peppers, mushrooms and onions. Marinated with fresh herbs, garlic and olive oil and grilled fresh. Available with tofu

Veggie Burgers V D

Plant based burgers, grilled fresh on site served with appropriate condiments on fresh Italian kaiser buns

Homemade Mac and Cheese V

Traditional elbow macaroni baked with our homemade creamy cheddar cheese sauce

Stuffed Mushroom V

Whole portobello mushroom stuffed with spinach, tomato and topped with goat cheese

Grilled Vegetable Pasta V

Rotini pasta mixed with grilled summer vegetables and tossed with olive oil, garlic and fresh herbs. With or without parmesan cheese, gluten free pasta available.

Vegetable Tikka Masala G D V

Eggplant, chickpeas, zucchini and onion slowly simmered in a rich and mildly spiced curry sauce, served with steamed basmati rice

Pulled Jackfruit G D V

Newest trend in vegetarian BBQ, Braised jackfruit tossed with our signature sweet and smokey BBQ sauce. A must try- you won't believe its not pulled pork!

Red Thai Coconut Curry G D V

Mixed vegetables simmered with homemade red Thai curry and coconut milk. Served with basmati rice

