



# Vegan and Vegetarian Options

2019

# Vegetarian Mains

## Stuffed Peppers GD

Bell peppers stuffed with quinoa and chickpea pilaf, roasted and topped with marinara sauce

## Grilled Vegetable Skewers GDV

Zucchini, bell peppers, mushrooms and onions. Marinated with fresh herbs, garlic and olive oil and grilled fresh. Available with tofu

## Veggie Burgers VD

Plantbasedburgers,grilledfreshonsiteserved with appropriate condiments on fresh Italian kaiserbuns

## Homemade Mac and Cheese V

Traditional elbow macaroni baked with our homemade creamy cheddar cheese sauce

## Stuffed Mushroom V

Whole portobello mushroom stuffed with spinach, tomato and topped with goat cheese

## Grilled Vegetable Pasta V

Rotini pasta mixed with grilled summer vegetables and tossed with olive oil, garlic and fresh herbs. With or without parmesan cheese, gluten-free pasta available

## Vegetable Tikka Masala GDV

Eggplant, chickpeas, zucchini and onion slowly simmered in a rich and mildly spiced curry sauce, served with steamed basmati rice

## Red Thai Coconut Curry GDV

Mixed vegetables simmered with homemade red Thai curry and coconut milk. Served with basmati rice



 -Crowd Favorite  -Gluten Free  -Dairy Free  -Vegetarian